



TOWN OF EASTHAM

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MINUTES EASTHAM BOARD OF HEALTH WORKSHOP THURSDAY, OCTOBER 29, 2015 AT 2:00pm

Present: Jane Crowley, Dr. Joanna Buffington, Vice Chair, Susan Barker, Pat Lariviere
Glen Olsen, Vicky Anderson

Absent: Dr. Martin Haspel, chair; Chair

I. OTHER BUSINESS

- **Lyme's Disease Discussion**

Recent reports have shown high incident reports of Lyme's disease on the outer cape. These reports were generated through the data collected from the free tick testing program. 50% of the ticks tested had Lyme's disease. Jane Crowley, Eastham Health Agent would like to set up a meeting with the Lyme's disease professional's spring. She hopes that they will be able to hold a workshop/ discussion to educate the public on the high amount of Lyme's disease on the lower cape and the adverse effects and other tick born diseases there are.

- **Nitrogen Loading Regulations Discussion**

Jane Crowley would like to bring Tom Wingard, Eastham Building Commissioner and Paul Lagg, Eastham Town Planner in on this discussion at some point in the future. Once Eastham has town water the individual sewage systems will no longer be a concern for public health impact in areas where everyone has hooked up to town water. The individual septic systems will, however, still have an environmental health impact on the Town. Also, as of right now, it is not mandatory that everyone hook up to they system, therefore, not everyone will hook up. This means that the Board of Health will still have to consider the public health of the people who do not hook up to the public water system.

The Board of Health must determine a simple way to regulate nitrogen loading in consideration to the above circumstances. There were suggestions made that the Board of Health looks at what other towns have done. The town of Orleans regulations on this topic were discussed. Orleans Board of Health decided to stick with the rule of 10,000sf per bedroom. Their rational was that this would help reduce the environmental impact. The Eastham Board of Health could also Reinforce or reword the current regulations to fit the new circumstances. The Board of Health needs to be thinking about the nitrogen loading regulations and their reasoning behind any changes they make.

The board discussed that is may be wise to align themselves with what other towns are doing and perhaps become less stringent on certain aspects. Some topics within the new regulations the Board of Health will be considering are:

- The reasoning behind requiring IA systems
- What to do if an individual hooks up to the municipal water system and would like to upgrade their septic or expand their habitable space but their neighbor has not hooked up to the municipal water system. Will this person be required to get IA because their neighbor will not hook up to water?
- How will the Board of Health protect the public health of those individuals who choose not to hook up to the municipal town water?

- **Landfill**

The town has expanded the landfill contamination sampling area to the east. This should help to better clarify the data they are receiving.

II. APPROVAL OF MINUTES

- The following minutes were approved with a few grammatical changes. These changes will be made and the minutes will be signed at the November 19, 2015 workshop:
 - May 7 Workshop
 - August 20 Workshop
 - August 20 Meeting
 - September 24 workshop
- The following minutes were signed by the Board of Health.
 - May 28, 2015 Hearing
 - May 28, 2015 Meeting
 - June18, 2015 Workshop
 - June18, 2015 Hearing
 - June 18, 2015 Meeting
 - July 30, 2015 Hearing
 - July 30, 2015 Meeting

III. ADJOURNMENT

Pat Lariviere motioned to adjourn the meeting at 2:59

Vicky Anderson seconded this motion

4-0 Vote

THE NEXT BOARD OF HEALTH MEETING – THURSDAY, NOVEMBER 19, 2015